

A MILLION WORKS OF MERCY!

WOMEN OF PRAYER AND ACTION **CELEBRATING THE EXTRAORDINARY JUBILEE YEAR OF MERCY** **LIVING THE SPIRITUAL AND CORPORAL WORKS OF MERCY EVERY DAY**

Feed the Hungry & Give Drink to the Thirsty

Those who are in need of physical sustenance, better nutrition or clean healthy water.

- ☐ Sponsor/donate to a food drive/food bank (parish, neighborhood, civic group)
- ☐ Promote NOT eating out one weekend a month and donating money saved
- ☐ Collect and deliver bottled water after a natural disaster or similar happening
- ☐ Prepare & serve food at a soup kitchen, Ronald McDonald House/Camillus House or similar
- ☐ Participate in events to end hunger (collecting, building or sponsoring)
- ☐ _____
- ☐ _____

Clothe the Naked

Those who are not adequately clothed for the climate, victims of property loss or in great need.

- ☐ Sponsor a clothing drive (parish, neighborhood, civic group)
- ☐ Hold an UNDIE SUNDAY (parish-wide, everyone brings a pkg. of their own size underwear)
- ☐ Prepare Survival Kits for victims of rape/domestic violence
- ☐ Host a Clean-Out-Your-Closet Party (guests all bring a complete outfit to donate)
- ☐ Donate your duplicates (2 pairs of black flats? 3 warm coats? Donate the “extras!”)
- ☐ Donate clothes to charitable organization/long-sleeved shirts for migrant workers
- ☐ _____

Shelter the Homeless

Those who live on the streets (for whatever reason) or have inadequate protection from the elements and substandard housing.

- ☐ Support Building on Faith or a Women’s Build for Habitat for Humanity
- ☐ Open the parish facilities overnight in cold and inclement weather
- ☐ Prepare a list of all local & social services and make it available to homeless
- ☐ Fund or donate to a home building project in your sister diocese, twin parish or through CRS
- ☐ Participate in renovating local homes for elderly and physically challenged
- ☐ _____

Admonish Sinners & Instruct the Ignorant

Those who have not been taught the truth of our faith, about our loving and forgiving God or have not learned to live as faith-filled people.

- ☐ Serve as a catechist or volunteer in the parish religious education program or VBS
- ☐ Participate in RCIA (sponsor, catechist, presenter or hostess)
- ☐ Support the parish school (volunteer, tutor, fundraising)
- ☐ Sponsor a Parish Mission program in Lent or Advent
- ☐ Host an informal evening with Sp. Adv./Pastor to respond to questions about faith/Church
- ☐ _____

Counsel the Doubtful

Those facing a crossroads---a place in their spiritual journey where two options exist---and need help to discern which will lead them closer to God and which will lead them away.

- ☐ Live your faith boldly (so others will know they can turn to you for guidance)
- ☐ Facilitate prayer partners within Council membership
- ☐ Compile a list of spiritual advisors, counselors, for referral if needed
- ☐ Participate in small group activities (Renew, scripture study, spiritual book clubs)
- ☐ Host a training to help members become better listeners
- ☐ _____

Comfort the Afflicted/Sorrowing

Those who have experienced a loss through death, divorce/abandonment.

- ☐ Participate in or begin a Bereavement Ministry in your parish
- ☐ Prepare/serve a meal after funerals (in homes or parish)
- ☐ Host a special dinner or reception after the All Souls Mass
- ☐ Start a scripture sharing/prayer group for widows or divorced
- ☐ Volunteer to do follow-up visits to families at 1, 3 and 6 months
- ☐ _____

Visit/Comfort the Sick

Those who are in hospital, homebound, or limited by health issues of chronic illness/depression.

- ☐ Volunteer to visit or bring communion to the sick or homebound
- ☐ Bring flowers or gifts to hospitals or nursing homes
- ☐ Start or participate in a Sunshine ministry and send cards for all occasions
- ☐ Create Sunshine baskets to take to those in rehab after surgery or to new moms
- ☐ Host a professional speaker or minister to the depressed and chronically ill
- ☐ _____

Visit the Imprisoned

Those who are incarcerated and their families “on the outside” who need support.

- ☐ Join a local group that visits prisoners or provides support for Mass in a prison
- ☐ Hold a book drive for appropriate reading materials to donate to a prison library
- ☐ Help fund a retreat for prisoners (cost of retreat master, special food)
- ☐ Host a speaker to educate Council members about the needs of prisoners
- ☐ Collect gifts for children of prisoners in your area (Christmas, Easter, birthday)
- ☐ _____

Bear Wrongs Patiently

To respond with patient acceptance when we are unjustly accused, labeled, blamed or injured.

- ☐ Petition the Holy Spirit for the gift of patience in personal daily prayer
- ☐ Share experiences of responding to a “wrong” with a “right” in small groups
- ☐ Brainstorm ways to practice and improve patience/share success stories
- ☐ Discuss how speech and humor contain prejudice and labeling (ethnic, racial, sexism)
- ☐ Compile and distribute a list of scripture verses/parables which support patient acceptance
- ☐ _____

Forgive Offenses Willingly

To freely and readily forgive anyone who insults, wrongs or attacks us.

- ☐ Allow God to forgive us; receive the sacrament of confession/reconciliation
- ☐ Practice forgiveness at home with family and close friends
- ☐ Include an examination of conscience in personal evening prayers
- ☐ Small group sharing: How God turns sorrow and pain in your life into acceptance and joy
- ☐ Host a speaker on the process of forgiveness
- ☐ _____

Pray for the Living and the Dead

To keep all in prayer, known and unknown to us, including those who have died.

- ☐ Promote Prayer Partners and/or host an annual event to celebrate
- ☐ Exchange prayer requests at monthly Council meetings
- ☐ Place names of those who die in the parish on your Council e-prayer chain
- ☐ Start a scripture sharing/prayer group for surviving family members
- ☐ Have a parish Mass each month for your Council (sit together, wear scarves/pins)
- ☐ _____

Bury the Dead

- ☐ To honor the body as the temple of the Holy Spirit during a person's lifetime
- ☐ Attend parish funerals (of known and unknown parishioners)
- ☐ Stay at the empty home of family during wake and funeral times
- ☐ Volunteer to clean up altar/church after funeral
- ☐ Participate in liturgical ministries for funerals (reader, communion, greeter, choir)
- ☐ Help fund a burial for those in need (parish, community)
- ☐ _____

Additional Corporal or Spiritual Works of Mercy that have been performed:

- ☐ _____
- ☐ _____

HELP NCCW REACH A MILLION WORKS OF MERCY!

Beginning on **DIVINE MERCY SUNDAY** (April 3rd) until the **FEAST OF CHRIST THE KING** (November 20th), by the 25th of **EVERY MONTH**, please email this filled in form with the **NUMBER OF MERCIES** you have performed for each line item to: cathydonn58@gmail.com

(Or send it by regular USPS mail to: NCCW MWM, c/o Cathy Donn, 9703 Forest Dr, Miramar, FL 33025)

Just place the number of times YOU performed each act of mercy in the brackets.

This same form can be used by individuals **OR** affiliates.*

*Example for an affiliate:

Three members sang at a funeral---

[3] Participate in liturgical ministries for funerals (reader, communion, greeter, choir)

Fourteen members worked on a CCW Book Drive for the prison---

[14] Hold a book drive for appropriate reading materials to donate to prison library

Two members helped publicize the canned food drive for the Confirmation Class---

Seven members helped with the collection and transportation of cans from the parish to the mall---

[9] Participate in in events to end hunger (collecting, building or sponsoring)